

PRACTISE CHORD PATTERNS FOR BEGINNERS

BOOK 1



- FOLLOW ALONG WITH THE VIDEOS
- STEP-BY-STEP GUIDANCE INCLUDED!
- PERFECT FOR COMPLETE BEGINNERS
- NO EXPERIENCE NEEDED – START FROM SCRATCH!
- PLAY REAL SONGS AFTER THIS BOOK



INTRODUCTION

This book is made for complete beginners who don't want to dive into too much theory but just want to play songs and enjoy the guitar. Follow along with the practice videos of me to learn each chord and strumming pattern step by step.

Please use a guitar pick to strum. It helps you get a clearer and more confident sound. And don't forget to tune your guitar before you start playing to make sure everything sounds right.

Let's keep it simple, fun, and musical!

Recommended Picks to Buy



Tuning Your Guitar

1. Use a Clip-On Tuner (Recommended)

- Buy a clip-on tuner (you can find them at any music store or online).
- Clip it to the headstock of your guitar.
- Pluck each string one at a time and adjust the tuning peg until the tuner shows the correct note.

2. Use a Tuning App (If You Don't Have a Tuner)

- Download a free app like GuitarTuna, Fender Tune, or Yousician.
- Open the app and follow the tuning instructions.
- These apps use your phone's microphone, so make sure you're in a quiet room.

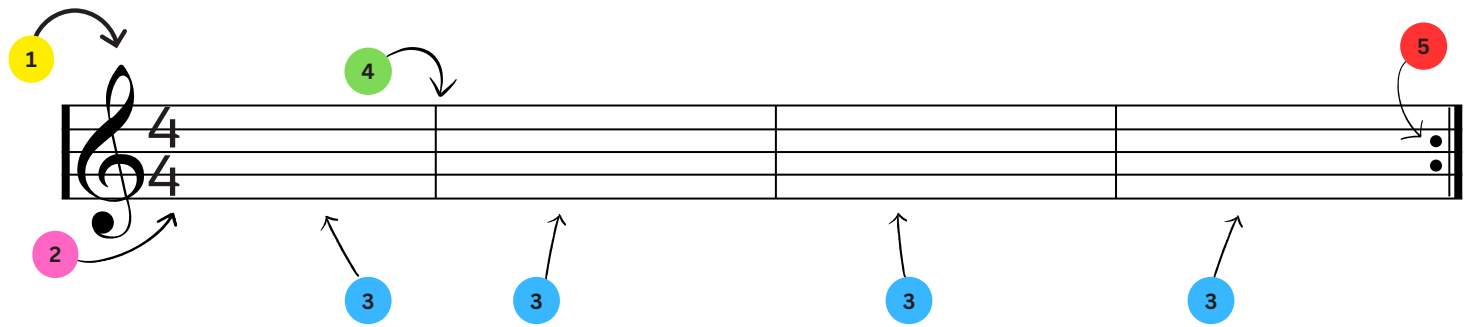
Standard Tuning (from thickest to thinnest string):



6th string – E
5th string – A
4th string – D
3rd string – G
2nd string – B
1st string – E

Make sure the tuner shows the right letter (E, A, D, G, B, E) and that it's in tune (green light or centered needle, depending on the tuner).

THINGS TO KNOW



- 1 A **treble clef** is a symbol that we use when writing music. We use it for instruments like the guitar, violin, and flute.
- 2 A **time signature** is a music symbol that tells us how to count the beats in each bar. The top number shows how many beats are in one bar.
- 3 **Bars** in music are small sections of the music staff that help organize the notes. Each bar usually has a set number of beats, making the music easier to read and play.
- 4 Bar lines are straight lines on the music staff that divide the music into equal parts.
- 5 Repeat sign.

Rhythm Symbols



This is a downward strum, played from the 6th string to the 1st string, and it lasts for 1 beat or 1 count.

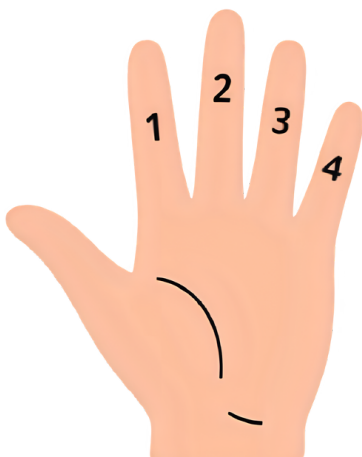
1.1 [Check Video](#)



This is a downward strum, played from the 6th string to the 1st string, and it lasts for 2 beats or 2 counts.

1.2 [Check Video](#)

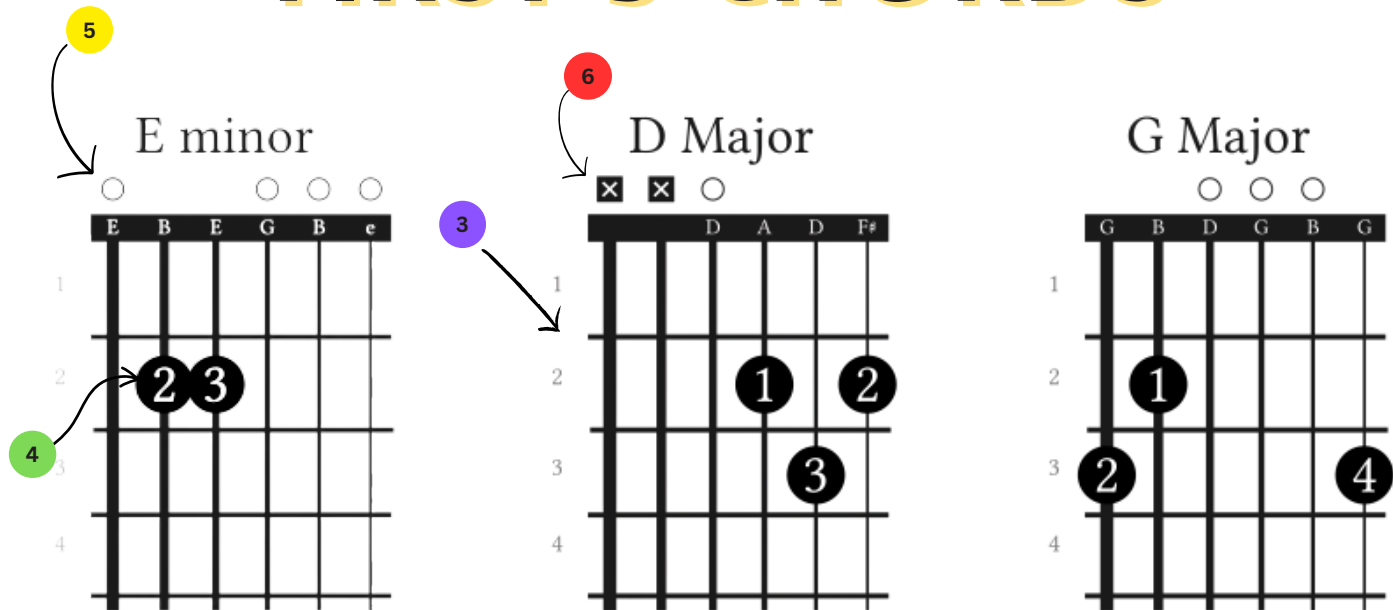
Your Left Hand



When playing the guitar, we don't use the thumb on the left hand to play notes, so we don't count it as finger number 1. Instead, your index finger is finger 1, middle finger is 2, ring finger is 3, and pinky finger is 4.



FIRST 3 CHORDS



- 1 This is the **thickest** string of the guitar. It's called the 6th string and it's also the **lowest** sounding string.
- 2 This is the **thinnest** string of the guitar. It's called the 1st string and it's the **highest** sounding string.
- 3 Frets are the small metal strips on the fingerboard. They divide the fingerboard into sections. Starting from the 1st fret, they go all the way to the end of the fretboard.
- 4 The numbers shown in the figure indicate your left hand fingers. For this E minor chord, use your second finger to press the 2nd fret on the 5th string and your third finger to press the 2nd fret on the 4th string.
- 5 The 'O' above the string means **you play** that string open, without pressing any fret.
- 6 The 'X' above the string means you **do not play** that string.

1.3 Check Video for E minor

1.4 Check Video for D Major

1.5 Check Video for G Major

Simple Way to Practise Your Chords

The best way to practise your chords is to place the chord shape with your left hand, strum four times, then lift your hand off the fretboard and place it again. Keep repeating this process until your transitions feel smooth and your chords sound awesome!

1.6 Check Video

PRACTISE PRACTISE PRACTISE!

G **E minor** Pattern V V V V

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

D **G** 1.7 Check Video

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

E minor **D** Pattern V V V

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

G **D** 1.8 Check Video

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

D **E minor** Pattern V V V V

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

G **D** 1.9 Check Video

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

HAVE FUN!!

THANK YOU FOR DOWNLOADING THIS PDF!

SHANE VAS GUITAR ACADEMY

Practise the chords just like how I show in the videos. First, practise each chord individually, and then work on the chord changes.

Next, learn chord C and you'll be able to play popular songs like Let It Be, I'm Yours, Stand by Me, Perfect, and Knockin' on Heaven's Door. all with just four chords!

If you're interested in learning more songs and strumming patterns, feel free to contact me for lessons.



042 60 99 070



WWW.SHANEVAS.COM



HI@SHANEVAS.COM

Enroll

Now!

To download the PDF and view the videos, click below

WWW.SHANEVAS.COM/LESSONS/